

## Dear Members

The temperature has dropped, and so may your motivation to get to class. However, if the fire and enthusiasm we've witness during the first half of the year was any indication, the weather does not stand a chance!

There's much to report, so we'll just get on with it.

*Shihan* Chris Oakley

*Hanshi* Shaun Brewster

*Publicity & Biz Dev* Cindy Chong

## News

### APRIL GRADINGS

We had record attendance for the April gradings, boosted significantly by our biggest lot of white belts going for their yellow belts... ever! It was also very gratifying, being able to hand out our first batch of weapon certificates. Congratulations, one and all.

It was also the first event where light refreshments were sold. Based on the success, we will continue to offer this service at future gradings and seminars.

### NEW NAME

We've officially registered **Martial Journey academy of martial arts**, as a business name. As of April, we have been operating under that banner. **Issei Ryu Bujutsu**, remains the name of our style.

For more details, please visit:

our forum > announcements > new school name

### FOLDERS & SYLLABUS

Amongst other things, we're working hard to update our members' folder. Unfortunately, it's taking us longer than anticipated. We apologise for that, but wish to assure you that everybody will receive the updated details in the near future.

### NEW POINT COOK CLASS

We're happy to announce that we're running a new adults class on Fridays 6:30pm – 8:00pm at our Point Cook dojo.

If you're looking for that extra night of training, we hope to see you there.

### PHOTOS

Photos from the Pressure Point Seminar and Camp have been uploaded to our website.

[www.isseiryu.com/gallery.html/](http://www.isseiryu.com/gallery.html/)

A special thank-you to Victor Simpson, Jessica Price and Robyn McCoy for their contributions.

### HAPPY CAMPER NOMINATIONS

This has been a hot topic on our forum. We are still taking nominations, so if you wish to throw in your two cents, just pop in to our forum or whisper in the ear of one of the instructors ;)

[www.isseiryu.com/forum.html](http://www.isseiryu.com/forum.html)

### LIGHTS OFF AUSTRALIA

As part of the "lights off Australia" campaign, we've been holding outdoor classes the first week of every month. We've missed out this month, due to the weather being so cold and viruses running rampant. We've got Weapons Week, the first week in July, so this means no outdoor sessions as part of the "lights off Australia" campaign until August.

### CANTEEN CAMPS

We've been very fortunate to be asked to run a self-defense programme at a CanTeen Lifestyles Camp in May. We're very proud to say that the feedback was so positive, that we've been asked to do another session at their Winter Camp in July. Can't wait!

### STICKERS, FLYERS & BAGS

We're designing new flyers to promote our school. Stickers are being worked on and bags are being sourced. The inputs we've been receiving have been very helpful, so thank you.

## Events

### **WEAPONS WEEK (adults classes only)**

Mon 2 Jul to Sat 6 Jul.

We'll be dedicating the whole week to weapons training, so please remember to bring your weapons and protective gear if you have them.

### **GRADINGS**

Our next grading dates are as follows:

**Chadstone: Sat 21 July, 11:30am start.**

Chadstone Guides' Hall  
Ivanhoe Grove, Chadstone (MelRef 69 E2)

**Geelong: Sun 22 July, 11am start.**

Western Heights Uniting Church  
Douglass St, Herne Hill (MelRef 225 E10)

You are required to register and pay the booking fee at least 2 weeks prior.

### **SEMINAR II: Multiple Attackers Scenarios**

Sun 9 Sep, 10am to 1pm

Venue: 59 Jamieson Way, Point Cook

Cost: \$70 (to be paid at least a week in advance)

Instructor: Chris Oakley

In seminars, we concentrate on teaching skills and techniques that are not part of our grading syllabus. However, the knowledge and experience gained will broaden your perspective and help you be a more complete martial artist.

Our second seminar of the year will explore various tactics on how best to handle multiple attackers.

The seminar will only go ahead if the demand is good. So please register your interest early.

### **GEELONG OPEN DAY**

A tentative date has been set for Sun 23 Sep.

We hosted an open day at our Chadstone dojo last year, and thought that it'll be a nice tradition to uphold. This year, we've chosen our Geelong club.

We will be opening our club to the general public, and encourage members to bring their families and friends along for a free training session, a chat and some nibbles.

More specific information will be handed out closer to the date.

## Inspiration: Bethany Hamilton

*Nominated by Cindy Chong*



In the realm of truly inspiring female athletes, Bethany Hamilton's spirit burns unrivalled.

A naturally gifted surfer, Bethany was riding waves since she was a toddler. She began competing from the age of 8 and was on the senior circuit by age 10. At age 13, she was a seasoned surfer, having won many first placements along the way.

On the morning of Oct 31 2003, while surfing with friends, Bethany was mauled by a 14ft tiger shark. She lost 60% of her blood and her left arm to that devastating attack.

The world watched and waited, wondering how it'll change the course of the promising young life.

Despite the trauma of the incident, Bethany was back on her board and out surfing 10 weeks later. She taught herself to surf with one arm, and propelled back into competitive surfing. In July 2004, she was awarded the ESPY Best Come Back Athlete of the year; the shark attack seeming a mere hiccup in her brilliant career.

Now at age 17, Bethany still competes with fierce passion. Her faith, tenacity and self-belief, never questioned.

Other resources on Bethany Hamilton:

- o [www.bethanyhamilton.com](http://www.bethanyhamilton.com)
- o [www.heartofasoulsurfer.com](http://www.heartofasoulsurfer.com)
- o [www.myspace.com/surferbethanyhamilton](http://www.myspace.com/surferbethanyhamilton)

If you wish to nominate a phenomenal person, please send an email to [isseiryu@hotmail.com](mailto:isseiryu@hotmail.com)

*"To unpathed waters,  
undreamed shores."*

*William Shakespeare*