

Dear Students

It has been a big gap since our last newsletter, and we have massive news to share.

It's pretty much every martial art schools' aspiration to have a full time dojo. Martial Journey is at the pivotal point where it is almost a reality.

It's very exciting times, as we take on new challenges, and we look forward to the bright near future where we don't have to set up and pack up mats before and after classes ;)

Lead Instructor Chris Oakley
Academy & Student Support Cindy Chong
Instructors Shaun Brewster & Victor Simpson

News

A PLACE TO CALL HOME

5 Wallace Ave, Point Cook



The new dojo is located within walking distance from the Point Cook Town Centre, next to the United service station and car wash on Forsyth Rd. The warehouse / office space is a little less than 400m² and will house a large training space, with warm-up area, mini gym, students' lounge, reception, kitchenette, toilets, parents' lounge, toy corner, and viewing deck.

The handover date is set for Fri 2 Oct 2009. The following couple of weeks will be spent setting up and furnishing the space.

WORKING BEE

We're having a working bee to prepare the new dojo. If you are able to contribute some time to help us with any of the following tasks:

Cleaning, flooring construction, painting(?), flat pack furniture assembly

Please drop by **Sun 11th Oct**, between 10am and 5pm.

GEELONG & CHADSTONE DOJOS

As mentioned in the letter to students and parents, classes will continue as usual until the end of year. However we will not reopen in 2010 at our Geelong and Chadstone locations.

This is heart breaking, as we know it'll mean parting ways with some students; some very devoted students who have been with us for years. Understand that whatever your decision, you're always welcome through our doors.

CAMP 2009

This year's camp was held at Camp Manyung in Mt Eliza. The ice was swiftly broken, when Mr.Chris treated the 22 participants to a rare performance during combat sketch. Mr.Shaun snuck in for a quick visit and joined the race around Manyung. Mr.Victor hosted his first killing time. Most students survived the gruelling training only to flake out during the midnight movie. Courage shone through as everyone took on the vertical climb and giant swing.

There were plenty of highlights and stories to share. You may check out the photos in the gallery section of our website.

JULY GRADINGS

Over 50 students graded at the July gradings. It was a long day, with a lot of people in a small space. The patience and respect demonstrated by students and parents was well above expectations. Thank you.

We're extremely proud of every body's efforts on the day. Photos taken are still available for purchase from www.paulfrancephoto.com

Upcoming Events

Sun 11 Oct: WORKING BEE

Meet at 5 Wallace Ave, Point Cook between 10am and 5pm.

Sun 18 Oct: SEMINAR @ POINT COOK

We're opening our new dojo officially to all students to host the Oct seminars. There are no costs but registration is essential. We hope to see ALL of you there.

- Kids 10am to 11:30am: Pressure Point
- Adults 12pm to 2pm: Chi Dynamics

Details of the seminars will be distributed in class soon.

Mon 19 Oct: ALL SYSTEMS ARE GO!

Classes commence at 5 Wallace Ave. Stay tuned for updated class times.

Mon 26 to Sat 31 Oct: PINK (BELT) RIBBON WEEK

Come dressed in pink for a gold coin donation which will go towards the National Breast Cancer Foundation.

Mon 2 to Tue 3 Nov: MELBOURNE CUP

There are no classes during this period.

Mon 9 to Sat 14 Nov: SAFETY AWARENESS WEEK

In the adults' classes, we will simulate possible attack scenarios and get you thinking about diffusing or escaping the situation with what you have in the real world.

For the kids' classes, we will be covering some dos and don'ts during threatening situations.

Sat 5 Dec: GRADINGS

This is the final gradings of the year, and will be held at the new dojo in Point Cook.

Please register at least two weeks in advance. You will be notified of start times and duration a week prior.

Sat 12 Dec: LAST TRAINING DAY

The last day of training before we close for the Christmas and New Year period.

Sun 13 Dec: END OF YEAR PARTY

Venue and activity is still to be decided. But we welcome suggestions.

Inspiration: Randy Pausch

Nominated by Cindy Chong



What lessons about living can you learn from someone who was dying?

A month after being told that he had 3-6mths to live; Randy Pausch delivered his "last lecture" titled "Really achieving your childhood dreams" to an audience of around 500. The video of this lecture received over a million hits in the first month of its launch. It inspired worldwide media coverage, and a book which quickly became a New York Times best seller and has been translated in to 46 languages.

What was extraordinary about Randy Pausch, was that he was ordinary. It's true that he achieved more than some, and had a great many interesting stories to tell. But his messages were easily relatable:

Give yourself permission to dream.

Brick walls are there so you may prove how badly you want something.

Lead your life the right way, and the dreams will come to you.

Randy Pausch, a professor of computer science and virtual reality, a sales person of education, passed away in July 2008 of pancreatic cancer at age 47 having achieved *most* of his childhood dreams. More importantly, he had fun living.

Resources on Randy Pausch:

- www.thelastlecture.com
- www.cmu.edu/randyslecture
- www.youtube.com

If you wish to nominate a phenomenal person, please send an email to isseiryu@hotmail.com

"You're living proof that dreams do come true."

Will Smith – Just the two of us