

Discover your inner Warrior

Martial Journey academy of martial arts, will be opening its door to the public for the first time in three years of operation. The young martial arts school is headed by Chris Oakley, who has been instructing in the Geelong region since 2000.

"We set out to be the most professional and passionate school in the martial arts business. Although we have our struggles, the loyal support and positive feedback from our members, gives us confidence that we are headed in the right direction. We currently have dojos operating out of Geelong, Bannockburn, Point Cook and Chadstone."

"We teach a style named Issei Ryu Bujutsu, which means 'a lifetime art'. It covers a broad range of training, which the public will be able to sample on our open day. We cater to kids and adults, all fitness levels and abilities."

Martial Journey Open Day

When: Sunday 9th Sep 2007

Time: 10am to 1pm

Where: Western Heights Uniting Church, Douglass St, Herne Hill.

Drop in to spectate or participate in light training sessions, and speak to instructors and members. For more information, please visit www.MartialJourney.com or call **1300 ONE TRY**.

Personal Journeys

Bryony Herbert

Bryony joined Martial Journey in 2005, and has recently been awarded her green belt (3rd Kyu). For a long time she was the only female training in the Geelong adults' classes.

"It's not about being a guy or girl; it's about pushing yourself to the max regardless of gender."

"Chris is able to teach the same thing to everyone, but in a different manner. We are treated as individuals with our own strengths and weaknesses."

"Every class is different."

"Chris's enthusiasm in class, makes you want to try harder and push yourself further."

"It's a great training environment. You're training with a great bunch of people, and we're all supportive of each other."

Ivy Aitken

11 years old Ivy, achieved purple belt (4th Kyu) in just 6 months, making her the fastest progressing member within the school. Ivy has no previous experience in martial arts.

"I like that we do different things all the time. It's great and really fun."

Ivy's dad Darren, is understandably proud of his daughter's progress, and sees the value of what she's learning.

"I like the practical aspect of the style. It's more real. I can see that Ivy is more confident, but I mostly appreciate that although being a shy, quiet girl, she never has to compete for attention. Chris is wonderful with the kids."

Benjamin Daglas

Ben was only 5 when he started at Martial Journey, making him the youngest member in the Geelong, Bannockburn area. Now, a year on, and having achieved his yellow belt (5th Kyu), he is still loving it.

"I can't keep him away." says his mum, Lorna. "I believe martial arts to be a life skill, and I wanted to start him young. He's doing as well as any 6 year old can be expected, but I am surprised and proud of what he's been able to accomplish."

"I like breakfalls the best." claims Ben, who also participates in swimming and auskick.