



Class times 2010

martialjourney.com | 1300 663 879

5 Wallace Ave, Point Cook Vic 3030

	Mon	Tue	Wed	Thu	Fri	Sat
	Main Mezz	Main Mezz	Main Mezz	Main Mezz	Main Mezz	Main Mezz
10-11am	Micro		Micro			8:30-9:30am Weapons 9:30-10:30am Adults Nov Micro 10:30-11:30am Adults Int Ninjas Adv
12-1pm	Adults Mix		Adults Mix			11:30-12:30pm Mitey Ninjas Int
4-5pm	Mitey	Micro	Mitey	Ninjas Int	Mitey	2:00-3:00pm BJJ Open Mat
5-6pm	Ninja Int	Mitey	Ninjas Adv	Mitey	Ninjas Int	
6-7pm		6:30-8pm BJJ	Ninjas Int	6:30-8pm BJJ	Adults Nov Ninjas Adv	
7-8pm	Adults Nov	Adults Nov	Adults Int	Adults Nov	Weapons	
8-9pm	Adults Int	Adults Adv	Weapons	Adults Int	Adults Adv	

- Micro Ninjas | 3-5yrs white, yellow
- Mitey Ninjas | 6-11yrs white, yellow
- Ninjas Intermediate | 6-11yrs purple, red
- Ninjas Advanced | 6-11yrs green, blue brown
- Adults Novice | 12yrs+ white, yellow, purple
- Adults Intermediate | 12yrs+ red, green, blue
- Adults Advanced | 12yrs+ brown, black
- Adults Mix | 12yrs+ all levels
- Weapons | 12yrs+ all levels
- Brazilian Jiu Jitsu | 12yrs+ all levels

NOTES: