

OVERVIEW

The Sensei's Helper role was introduced to provide our students with a stepping stone towards being an instructor. If you are contemplating the possibilities of being a martial arts instructor, volunteering as Sensei's Helper will give you an insight into what is required for the role, and whether or not it is the right path for you.

PREREQUISITES

To volunteer as Sensei's Helper, you need to be:

- 14yrs or older,
- a member of Martial Journey academy of martial arts,
- and have achieved purple belt ranking or higher through our academy

ROLE REQUIREMENTS

As Sensei's Helper, you are committed to assist an instructor for 6 classes (3 kids, 3 adults). The allocation of the classes will be dependant on vacancy and your availability.

Some of the role requirements are:

- assist with setting up
- be the instructor's demonstration partner – so the instructor may properly demonstrate how certain techniques are executed.
- be a spotter – help students improve their techniques, and prevent potential injuries or accidents.
- assist with packing up
- and on occasion, speaking to students and parents, helping with their concerns as best you can.

You may choose to volunteer as Sensei's Helper more than once.

If you choose to pursue formal training to become a qualified instructor, please speak to your instructor.

If you decide that being an instructor is not for you, you may revert to your usual training after your term as Sensei's Helper without any penalties.

APPLICATION DETAILS

To register your interest, speak to an instructor.

You will need to fill out the relevant application form.

We will contact you to inform you of the classes you have been allocated.